



# DIALA ALSURAKHI

## CLINICAL DIETITIAN

### SUMMARY

Licensed Clinical Dietitian with one year of experience developing personalized nutritional plans that positively affect patient outcomes. Highly-qualified and well-trained clinical professional with a detailed approach. Diligent in staying updated on the latest medical research and nutrition solutions. Looking for a full-time position in which I can put my skills in action, and gain experience while serving organization and taking these skills to higher levels.

### KEY COMPETENCIES

- Dietetic Process and Professional Reasoning
- Evidence-Based Practice and Application of Research
- Quality Assurance of Dietetics Practice
- Professional relationships, communication, and partnerships
- Knowledge Essential for the Practice of Dietetics

### CONTACT ME AT:

+962 (0)79 623 5429  
diala.surakhi@gmail.com



Dt.diala.surakhi



Diala Al-Surakhi

## WORK SUMMARY

### IMMAP - Amman, Jordan

Food Security and Livelihood | February 2021 - present

- Nutritionist responsible for evaluating dietary intake of individuals through out annual surveys, with extra investigation of females with child bearing age nutrition.
- Setting assessment tools to evaluate the success of dietary behavior implemented and recommendations suggested to improve the nutritional status of Syrian refugees at Jordan.

### Crystel - Amman, Jordan

Samsung service tracking agent | October 2020 - February 2021

- Responsible for handling all communication between 15 Service centers among the gulf region and Samsung.
- updating costumers and following up on the status of their devices.

### Private clinic - Amman, Jordan

Freelance clinical dietitian | October 2020 - February 2021

- Educated children and adolescents about long-term health benefits of balanced diets and exercise programs.
- Held 1 month campaign targeting children that influences behavioral change and healthy lifestyle.
- Conducted individualized nutritional assessments based on laboratory tests and medical records data for heart disease patients, Chronic kidney failure, and subfertility.
- Assessed clients' nutritional and health statuses to prescribe appropriate eating and exercise plans.

### Jordanian Royal Medical Services - Amman, Jordan

internship in therapeutic and clinical nutrition. | July 2020 - September 2020

- Monitored Gastric sleeve patients and evaluated monthly nutritional changes post surgery.
- Educated heart disease patients regarding food and drug interactions.
- Conducted individualized nutritional assessments based on laboratory tests and PES data for chronic kidney disease and COPD patients.
- Organized and planned medical nutrition therapy for more than 200 patients and residents of general surgery and internal medicine.

### Jordanian Royal Medical Services - Amman, Jordan

internship in therapeutic and clinical nutrition. | June 2019 - August 2019

- Practiced Clinical nutrition intervention for sleeve and bypass surgeries.
- Spoke with pregnant women about nutritional needs and benefits of breastfeeding.
- Clinical nutrition and intervention for children weight management.
- Organized and planned medical nutrition therapy for 7 patients and residents of metabolic disorders.

## SKILLS

- Dependable, responsible, and hard-working.
- Strong interpersonal and communication skills.
- Active listener, and good at critical thinking.
- Creative and innovative.
- Leadership and teamwork.

## TECHNICAL SKILLS

- Capable of applying HACCP and ISO 22000:2005
- Patient education.
- Patient assessment and vitals monitoring.
- Hygiene assessment and monitoring.

## LAB EXPERIENCE

Chinese green tea consumption reduces oxidative stress, inflammation, and tissue damage in smoke-exposed rats.

American University of Madaba participant in clinical animal trial research

## REFERENCES

- Hanin Hudaib. - Crystel Co. (+962790659665)
- Dr. Rand Akasheh - American University of Madaba (+962795551167)
- Dr. Fadwa Hammouh - American University of Madaba (+962796083979)
- Eng. Marwa Alsawahda - Jordanian Royal Medical Services (+962795494863)

## ACADEMIC BACKGROUND

### Liverpool John Mores University - Liverpool, United Kingdom

Masters of Science | June 2021- Ongoing

- Masters in International Public Health
- Research based program

### American University of Madaba - Madaba, Jordan

Bachelor Degree | October 2016 - June 2020

- Bachelor Degree in Clinical Nutrition and Dietetics
- GPA: Very Good
- Major in clinical nutrition and dietetics
- Minor in climate change and environment.

## CERTIFICATIONS

- Test OF English as Foreign Language TOEFL IBT - score 94 (February- 2020)
- Profession Practice Certificate for Nutrition and Dietetics

## PARTICIPATIONS

- Participating at World Diabetes Day - American University of Madaba- November 2019
- Completion of first aid, venipuncture, and wound suturing course - Israa hospital - October 2019.
- Breast cancer awareness campaign organizer - KHCF- October 2019.
- Food addiction workshop - Dr. Ruba Musharbash - May 2019.
- Lecturing about healthy eating habits for children - High Level Academy - December 2018.
- Basic wound suturing skills - Center of Consultation and Training, University of Jordan - September 2018.
- Completing cardiac life support training - The American University of Madaba - May 2018.
- Attending and Organizing open house - The American University of Madaba - May 2018.

## VOLUNTEERING ACTIVITIES

- Education for (dar al leqa'a) parents of disabled children about food impact on mental and physical health.
- Supervisor at ALJ Volunteers group.